

## **ComMUSICation's COVID-19 Protocol**

It is our priority to protect our community's health and safety during the COVID-19 pandemic. This protocol contains guiding principles and expectations to protect ComMUSICation youth, families, and staff, as we return to in-person activities.

Since information regarding COVID-19 continues to evolve, ComMUSICation reserves the right to revisit and amend this document (in writing) to reflect the most current recommendations.

- All program staff age 18 and older will be vaccinated or will provide ComMUSICation with a negative COVID-19 test prior to each in-person session. ComMUSICation will provide tests upon request.
- All participants will wear a mask, cloth or disposable surgical masks (preferred), that cover their nose and mouth during the duration of the activity, including while singing. Masks must be made of multi-layered material (two or more layers) and should fit tight around the edges without gaps. Masks should be disposable or washable. Surgical masks are preferred. Cloth masks should be laundered daily.
- Participants will be distanced with no less than three (3) feet between them during singing and social activities.
- Hand cleanser will be available and used before and after events and intermittently after contact with frequently touched surfaces.
- Participants will inform ComMUSICation (email or call Carey [music@cmcmn.org](mailto:music@cmcmn.org) 6107421267) as soon as possible of a known exposure or positive test.
- Contact tracing will be implemented when indicated. Those with potential or confirmed exposures will be notified in a timely fashion consistent with CDC and MDH guidelines and within the limits of privacy laws and regulations.
- Participants will stay home and not attend in-person activities when ill or displaying symptoms that could cause concern or raise anxiety among participants and staff, in which case you may join virtually via Zoom. Symptoms may include:
  - fever
  - cough
  - shortness of breath
  - chills
  - headache
  - muscle pain
  - sore throat
  - loss of taste or smell
  - nausea, vomiting
  - diarrhea
- Participants and staff will stay home if they have had close contact with someone who has tested positive and quarantine for 14 days while self-monitoring for symptoms, and/or get tested and follow the recommendations of their medical provider.
- If tested positive for COVID-19, the participant will follow the directions of the Minnesota Health Department and/or their health care provider and not leave isolation until approved to do so (generally 10 days after illness onset and for 24 hours after the fever is gone in the absence of fever-reducing medicine).